

**MENTAL HEALTH AND FAMILY ASSISTANCE WEBSITES:**

Morris/Sussex Resource Net	<a href="http://www.MorrisSussexResourceNet.org">www.MorrisSussexResourceNet.org</a>
National Alliance on Mental Illness (NAMI)	<a href="http://www.nami.org">www.nami.org</a>
NAMI New Jersey	<a href="http://www.naminj.org">www.naminj.org</a>
NAMI-Sussex	<a href="http://www.nami-nj-sussex.org">www.nami-nj-sussex.org</a>
Family Support Organization (FSO)	<a href="http://www.fso-hsw.org">www.fso-hsw.org</a>
Association for Special Children & Families	<a href="http://www.ASCFamily.org">www.ASCFamily.org</a>
American Academy of Child and Adolescent Psychiatry	<a href="http://www.aacap.org">www.aacap.org</a> (note "Facts for Families" link)
Sussex County One Easy Link	<a href="http://www.sussexcountynjoel.org">www.sussexcountynjoel.org</a>
National Institute of Mental Health	<a href="http://www.nimh.nih.gov">www.nimh.nih.gov</a>
Substance Abuse and Mental Health Services	<a href="http://www.samhsa.gov">www.samhsa.gov</a>
New Jersey Protection and Advocacy	<a href="http://www.njpanda.org">www.njpanda.org</a>
New Jersey Assoc. of Mental Health Agencies	<a href="http://www.njamha.org">www.njamha.org</a>
New Jersey Mental Health Cares	<a href="http://www.njmentalhealthcares.org">www.njmentalhealthcares.org</a>
Heating energy and assistance applications	<a href="http://www.state.nj.us/dca/dcr/forms/heatappl.pdf">www.state.nj.us/dca/dcr/forms/heatappl.pdf</a>
Eligibility screenings for food stamps, Medicaid, home energy assistance, welfare programs	<a href="http://www.njhelps.org">www.njhelps.org</a>
Medicare and Medicaid providers	<a href="http://www.medicare.gov">www.medicare.gov</a>
Depression	<a href="http://www.depression.about.com">www.depression.about.com</a>
Bipolar Disorder	<a href="http://www.bipolar.about.com">www.bipolar.about.com</a>
Schizophrenia	<a href="http://www.schizophrenia.com">www.schizophrenia.com</a>
Financial assistance for medications	<a href="http://www.helpingpatients.org">www.helpingpatients.org</a>
N.J. Self-Help Group Clearinghouse	<a href="http://www.selfhelpgroups.org">www.selfhelpgroups.org</a>
General information and referral	<a href="http://www.nj211.org">www.nj211.org</a> (or dial 211)
Division of Mental Health and Addiction Services (DMHAS) - State of New Jersey	<a href="http://www.state.nj.us/humanservices/divisions/dmhas">www.state.nj.us/humanservices/divisions/dmhas</a>
Wrightslaw - special education law info	<a href="http://www.wrightslaw.com">www.wrightslaw.com</a>
OCD Resource Center	<a href="http://www.ocdresource.com">www.ocdresource.com</a>
Children & Adults with ADD (CHADD)	<a href="http://www.chadd.org">www.chadd.org</a>
Child and Adolescent Bipolar Foundation	<a href="http://www.bpkids.org">www.bpkids.org</a> (CABF)
American Foundation for Suicide Prevention	<a href="http://www.afsp.org">www.afsp.org</a>
Step Out of the Silence (an online virtual community for youth w. mental illness)	<a href="http://www.stepoutofthesilence.org">www.stepoutofthesilence.org</a>
Autism Society of America	<a href="http://www.autism-society.org">www.autism-society.org</a>
SPAN Parent Training & Info Center (training, technical assistance, materials)	<a href="http://www.spannj.org">www.spannj.org</a>
Mental Health Association of NJ	<a href="http://www.mhanj.org">www.mhanj.org</a>