Junior Post-Secondary Planning Night

Lenape Valley Regional High School
2019
Overview of Junior Year

• Maintain the rigor of Junior Year Schedule
• Develop extracurricular well-roundedness and leadership
• Reflect on career goals; Take an inventory of yourself!
• Research post-secondary options
  • Research college majors
  • Plan visits
  • Attend post-secondary fairs, open houses, campus tours, etc.
• Prepare to meet admissions criteria for post-secondary options
  • College Admissions Testing (SAT, ACT, Subject Tests, Accuplacer and ASVAB)
  • Portfolio for Art and Performance Majors
  • Athletic Interests (Athletic Resume and NCAA Eligibility)
• Utilize Naviance to complete college and career searches
• Begin to look at application essay topics
• Complete courses selections for a senior year schedule that maintains rigor
Rigor of Transcript

- Develop a strategy with your counselor to build course profile for senior year by taking challenging courses in which students CAN STILL FIND SUCCESS!

- **Advanced Placement Courses**
  - Opportunity to earn college credit through success on a May Exam
  - See Course of Studies Guide for pre-requisites and course offerings.

- **Concurrent Courses through Sussex County Community College**
  - Application process required for enrollment in SCCC course. See Course of Studies Guide for application process or discuss with counselor during scheduling meetings.

<table>
<thead>
<tr>
<th>AP Biology</th>
<th>AP Spanish</th>
</tr>
</thead>
<tbody>
<tr>
<td>Pre-Calculus Honors</td>
<td>Spanish 4 Honors</td>
</tr>
<tr>
<td>Pre-Calculus CP</td>
<td>AP Psychology</td>
</tr>
<tr>
<td>AP Chemistry</td>
<td>Psychology CP</td>
</tr>
<tr>
<td>Chemistry Honors</td>
<td></td>
</tr>
</tbody>
</table>

- **Syracuse University Project Advance Courses (Grade 12 English Course)**
  - Application process required for enrollment in SCCC course. See Course of Studies Guide for application process or discuss with counselor during scheduling meetings.
    - Practices of Academic Writing
    - Introduction to Creative Non Fiction

- Consider opportunities beyond LVRHS offerings, such as SCCC Jump Start or Dual Enrollment programs, summer programs, or even opportunities through clubs and service.

- Maintain good grades in Senior year!
### Sample Student Transcript

**Grade 9: Courses, Grades, Credits**

<table>
<thead>
<tr>
<th>Course</th>
<th>Grade</th>
<th>Credits</th>
</tr>
</thead>
<tbody>
<tr>
<td>ENGLISH 1 CP</td>
<td>A-</td>
<td>5.00</td>
</tr>
<tr>
<td>WORLD HISTORY CP</td>
<td>B</td>
<td>5.00</td>
</tr>
<tr>
<td>ALGEBRA 1</td>
<td>C+</td>
<td>5.00</td>
</tr>
<tr>
<td>INTRO TO CHEM/PHYS</td>
<td>B+</td>
<td>5.00</td>
</tr>
<tr>
<td>GERMAN 1</td>
<td>A</td>
<td>2.50</td>
</tr>
<tr>
<td>FINANCIAL LITERACY</td>
<td>A</td>
<td>2.50</td>
</tr>
<tr>
<td>FRESHMAN SEMINAR</td>
<td>B-</td>
<td>2.50</td>
</tr>
<tr>
<td>WOMENS VOCAL MUSIC</td>
<td>A</td>
<td>5.00</td>
</tr>
<tr>
<td>PHYS ED/HEALTH 9</td>
<td>A+</td>
<td>5.00</td>
</tr>
</tbody>
</table>

**Grade 10: Courses, Grades, Credits**

<table>
<thead>
<tr>
<th>Course</th>
<th>Grade</th>
<th>Credits</th>
</tr>
</thead>
<tbody>
<tr>
<td>ENGLISH 2 CP</td>
<td>A</td>
<td>5.00</td>
</tr>
<tr>
<td>WORLD HISTORY CP</td>
<td>C+</td>
<td>5.00</td>
</tr>
<tr>
<td>ALGEBRA 1</td>
<td>A</td>
<td>5.00</td>
</tr>
<tr>
<td>INTRO TO CHEM/PHYS</td>
<td>A</td>
<td>5.00</td>
</tr>
<tr>
<td>GERMAN 2</td>
<td>A</td>
<td>2.50</td>
</tr>
<tr>
<td>KEYBD SPEED/ACCURACY</td>
<td>A</td>
<td>2.50</td>
</tr>
<tr>
<td>WORLD CUISINE</td>
<td>A</td>
<td>5.00</td>
</tr>
<tr>
<td>MIXED CHORUS</td>
<td>A+</td>
<td>2.50</td>
</tr>
<tr>
<td>PHYS ED/HEALTH 10</td>
<td>A+</td>
<td>2.50</td>
</tr>
</tbody>
</table>

**Grade 11: Courses, Grades, Credits**

<table>
<thead>
<tr>
<th>Course</th>
<th>Grade</th>
<th>Credits</th>
</tr>
</thead>
<tbody>
<tr>
<td>US HISTORY 2 CP</td>
<td>A</td>
<td>5.00</td>
</tr>
<tr>
<td>ALGEBRA 2</td>
<td>A</td>
<td>5.00</td>
</tr>
<tr>
<td>CHEMISTRY</td>
<td>A</td>
<td>4.00</td>
</tr>
<tr>
<td>DRAMATICS</td>
<td>A</td>
<td>2.00</td>
</tr>
<tr>
<td>GERMAN 3</td>
<td>A</td>
<td>2.00</td>
</tr>
<tr>
<td>WEB PAGE DESIGN</td>
<td>A</td>
<td>2.50</td>
</tr>
<tr>
<td>MIXED CHORUS</td>
<td>A+</td>
<td>2.50</td>
</tr>
<tr>
<td>PHYS ED/HEALTH 12 S2</td>
<td>A+</td>
<td>2.50</td>
</tr>
<tr>
<td>PHYS ED/HEALTH 11 S1</td>
<td>A+</td>
<td>2.50</td>
</tr>
</tbody>
</table>

**Grade 12: Scheduled Courses**

<table>
<thead>
<tr>
<th>Course</th>
<th>Credits</th>
</tr>
</thead>
<tbody>
<tr>
<td>GPA 3.2063</td>
<td>40.00</td>
</tr>
<tr>
<td>GPA 3.5207</td>
<td>41.00</td>
</tr>
</tbody>
</table>

**GPA:** Grade Point Average - 3.4541

**Cumulative Credits Earned:**

122.00

**Activities:** School Activities, Athletics and Awards submitted by students in Senior Year using the Activity Sheet.
Building Your Resume

Athletic Involvement
Activities: School Clubs
Community Service
Employment

Outside Activities: Art, Dance, Theater, Karate, Religious Activities

Build resume to show interests!
Take an Inventory of Yourself!

• Complete career searches and college searches through Naviance
• Identify all career options and set goals
• Research pathways to achieve this goal
• Visits: Open Houses and Tours
• Attend College Fairs
  - Atlantic City Convention Center- October 28, 2019
  - LVRHS-October 23, 2019: During lunch (students only)
  - LVRHS-November 13, 2019: During lunch (students only)
  - Monmouth County Fair: October 6, 2019: 1:00pm-4:00pm
  - Raritan Valley Community College: November 22, 2019 8:45pm-1:15pm
  - Lenape Valley Mini College Days: Fall 2020

• Utilize Resources
Naviance
Career Search

- **Search Career information**
  - Alphabetical, career category (business, education, art and design, etc.) and personality type.

- **Students complete**
  - Do What You Are
  - Cluster Finder
  - Career Interest Profiler

- **Roadtrip Nation Interview Videos**
Naviance
College Search

Junior Year
- College Search
- College Lookup
- Colleges I’m Thinking About

Senior Year
- Letters of Recommendation
- Colleges I’m Applying to
- Scholarship List
Post-Secondary Options

- 4- year Colleges and Universities
  - Public Colleges
  - Private Colleges
  - Liberal Arts Schools
  - Performing and Visual Arts Colleges
  - Technical Schools/Institutes

- Two-Year Colleges
  - Open enrollment
  - Certificate and Associates Degree Programs
  - Transfer options

- Gap Year
- Military
- Entering the Workforce
- Skilled Trades- Apprenticeship or academic training

The Guidance Website provides information on Post-Secondary Options.
Create a Balanced List

- Do your research to find out if the school is a good fit for you.
  - Consider majors, sports, size, location, disability support services, campus surroundings, etc.

- Visit, Visit, Visit
  - If you cannot visit a campus, then do your research online through virtual tours, photo galleries etc.

- Create a balanced and realistic list
  - 1-2 Reach Schools
  - 3-4 Good Fit Schools
  - 1-2 Foundation Schools

- Don’t apply to schools that you have no intention of attending.

- Fall Grade 12: Spend time on the application. The quality of the essays and short answers matter! Do not have someone else write the essays!
  - Consider other application requirements: portfolios, performance pieces, etc.
Factors in Admission Decisions

These are some of the areas that Colleges are looking for...

◦ Rigor of high school classes
◦ Grades in academic classes
◦ Test scores (SAT/ACT)
◦ Community Involvement
◦ Leadership skills  
  (Club President, Vice-President, Secretary, etc.)
◦ Motivation
◦ Your chosen college major  
  (undecided is ok and is very common)
◦ Special Talents
A good fit school is different for each student. Seton Hall is a safety school for this student.
Researching Disability Support Options

• Post-Secondary Institutions have varying levels of disability support programs
• A student with an IEP or 504 should research the comprehensiveness of program
• There may be an additional application and additional fee for support services
• College’s disability support office determines nature and scope of accommodations based on documentation provide by family
• Child Student Team completes senior exit testing so students will have the most up to date records to maintain accommodation in their post-secondary setting
Post-Secondary Entrance Exams

SAT/ACT - Admission to most 4-Year Colleges
- Register through College Board or ACTstudent.org
- Encouraged to take in Spring of Junior Year and Fall of Senior Year
- SAT II or Subject Tests - rarely required

ASVAB - Military Entrance Exam with a helpful career interest.
- Offered a minimum of twice per year at LVHS (Register in the Guidance Office)
- Offered at military recruiting offices.
- Free

Accuplacer - Community College placement exam
- Taken at the Community College testing office
- Free the first time and small fee additional times
- Apply to Community College first and receive Student ID Number
Test Prep Resources

Each test prep company may have a different approach, schedule, commitment and fee structure. Juniors, If you choose to prep, do your research, and choose the one that matches your style, schedule and needs best.

• Education Services Center
  – https://www.esctestprep.com
• Huntington
  – https://huntingtonhelps.com
• Kaplan
  – https://kaplan.com
• Khan Academy
  – www.khanacedemy.org
• College Board
  – www.collegeboard.com
• ACT
  – www.act.org
Spring SAT I/SAT II
Register on-line at sat.collegeboard.org

<table>
<thead>
<tr>
<th>Test Date</th>
<th>Regular Deadline</th>
<th>Late Deadline</th>
</tr>
</thead>
<tbody>
<tr>
<td>March 14, 2020</td>
<td>February 14, 2020</td>
<td>March 3, 2020</td>
</tr>
<tr>
<td><strong>LENAPE VALLEY</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>May 2, 2020</td>
<td>April 3, 2020</td>
<td>April 21, 2020</td>
</tr>
<tr>
<td>June 6, 2020</td>
<td>May 8, 2020</td>
<td>May 27, 2020</td>
</tr>
</tbody>
</table>

- There is a SAT test offered on **August 29, 2020** for students that would like to take additional tests prior to the start of the school year. Review registration deadlines on sat.collegeboard.org.
- SAT Subject Tests (Or SAT II) may be required by some colleges and universities. Please check specific schools for requirements.
- Students must register for testing, review scores and submit scores to colleges/universities through sat.collegeboard.org.
**Spring ACT**

Register on-line at [www.actstudent.org](http://www.actstudent.org)

<table>
<thead>
<tr>
<th>Test Date</th>
<th>Regular Deadline</th>
<th>Late Deadline</th>
</tr>
</thead>
<tbody>
<tr>
<td>February 8, 2020</td>
<td>January 10, 2020</td>
<td>January 17, 2020</td>
</tr>
<tr>
<td>April 4, 2020</td>
<td>February 28, 2020</td>
<td>March 13, 2020</td>
</tr>
<tr>
<td>July 18, 2020</td>
<td>June 19, 2020</td>
<td>June 26, 2020</td>
</tr>
</tbody>
</table>

*Students must submit scores to colleges/universities through [www.actstudent.org](http://www.actstudent.org)*
Post-Secondary Entrance Exams

Accommodations (504 and IEP)

- Students that have accommodation through a 504 and IEP, will need to apply for these accommodations on Post-Secondary Entrance Exams.
- The release form for College Board addresses accommodations for the PSAT, SAT, Advanced Placement and Subject tests.
- The release form for the American College Test organization addresses accommodations for the ACT test.
- It is recommended for students to apply for accommodations as soon as possible. These forms must be submitted to the Child Study Team.
- College Board and ACT will make a determination about accommodations in 4-6 weeks.
- Please contact your child’s Case Manager for information about applying for accommodations for College Board and ACT.
Considering the Cost

- How much can you afford???
- Have an application strategy that includes public, private, in-state, out-of-state, safeties, good fits, and reaches.
- Apply to schools regardless of costs and then weigh your options when financial aid packages are given to you.
- Attend Financial Aid Night Program- Fall 2020
- Apply for scholarships
  - Local Scholarship List Updated every month on Guidance Webpage

Resources
- www.hesaa.org
- www.fafsa.ed.gov
Financial Aid

FAFSA: Free Application for Federal Student Aid
• How you access federal and state financial aid
• FAFSA can be filed as of October 1st in Senior Year
  ◦ www.fafsa.ed.gov

CSS: College Scholarship Service Profile
• CSS PROFILE can be filed as of October 1st, 2020
• Check each individual college financial aid website for deadlines and required forms
• CSS Profile may be required for many private colleges.

MERIT and PRIVATE SCHOLARSHIPS
• Students are automatically considered for MERIT or ACADEMIC scholarships when they apply to colleges
• Students may use search engines to identify and apply for additional private scholarships in senior year (generally)
NCAA & NJSIAA ELIGIBILITY REQUIREMENTS

COLLEGE NCAA ELIGIBILITY

www.ncaa.org

• Student athletes intending to play NCAA Division I or II sports must register with the NCAA Eligibility Center.
• Make an athletic profile to be used during recruiting process and share with college-level coaches to initiate a conversation.
• Division III schools have no athletic scholarships and so there no eligibility clearance required.

HIGH SCHOOL NJSIAA ELIGIBILITY

• Juniors must earn 30 credits to be eligible for Fall sports and activities.
• Students must earn 15 credits at end of 1st Semester to be eligible for Spring sports and activities.
Overview of Senior Year

- Narrow down your list of post-secondary options and finalize list!
  - Understand the application process, what is required and important deadlines.
  - Ensure you have a strategy (Reaches, Good Fits, Safeties, Public, Private, In-State, Out-of-State)
- Visits/ Fairs/Open Houses
  - Students are allowed 3 excused absences with documentation for visits
- Attend the Grade 12 Parent Program in September and support the students in completing the Senior Survival Guide to facilitate the submission of their applications.
  - Activity Sheet, Student Profile, Parent Brag Sheet, Teacher Recommendation Forms.
- Register/Take Fall SAT I/ SAT II/ACT (Second time is the charm!)
- Maintain Good Grades
  - 1st & 2nd Marking Period Grades and Comments are sent to colleges and universities, as well as final grades.
- Complete Applications
- Consult the School Counselor
Future Programs....

- Group post-secondary counseling presentation using Naviance will be conducted with Juniors in the Spring
- Individual Student/Counselor Conference in Winter/Spring
- Parents/Students- Plan College Visits, Fairs, etc.
- Kickoff Program for Seniors- September 2020
- Senior Parent Night-September 2020
- Individual Senior/Counselor Conferences in Fall
- Financial Aid Night- Fall 2020
THE COMMON APPLICATION
www.commonapp.org

• One application can be used to apply to more than 700 colleges and universities.
• Efficient and convenient
• Application is sent electronically.
• There is no disadvantage to using Common Application rather than the college’s application.
• Juniors can create a Common Application account in late spring/early summer.
• The Common Application for the 2020-2021 school-year opens in early August, allowing students to view essay prompts and application requirements.
THE COALITION APPLICATION
www.coalitionforcollegeaccess.org

• One application can be used to apply to 140 colleges and universities.
• Juniors can create an account anytime to access resources through the Coalition Application.
• Seniors may apply to schools accepting the Coalition Application.
• At the present time the following universities accept only the Coalition Application:
  • University of Florida, University of Maryland and University of Washington
• In addition, schools will continue to accept the Common Application or their own school’s application.
College Vocabulary

- **Early Decision/Early Decision II (Binding)**
  - Commonly referred to as “ED”
  - Cannot apply to more than one school under ED plan
  - Must attend the school if accepted

- **Early Action (Non-binding)**
  - Early notification (mid-December)
  - Can be very competitive

- **Restricted Early Action**
  - Definition varies from school to school.

- **Regular** - Typically January 1st or 15th

- **Rolling** - Applications are reviewed on an ongoing basis.

- **Priority** - Preference given for scholarships and special programs.
Naviance E-Docs

- Counselors will be submitting all application materials through Naviance E-Docs for the Class of 2021
- Application materials include:
- Students will be responsible for utilizing Naviance for the following:
  - Inputting Colleges/Universities to which they have applied
  - Inputting Teacher Recommendation Requests
Resources

GUIDANCE DEPARTMENT WEBSITE

www.lvhs.org
Guidance Tab

Seniors Page has information regarding the following:
Financial Aid, Scholarship List, Scholarship Resources,
Senior Survival Guide, Post-Secondary Options, SAT/ACT,
College Athletics, Career to Work and Military

NAVIANCE

http://connection.naviance.com/lenapevalley

SAT INFORMATION
sat.collegeboard.org
www.princetonreview.com
www.kaplan.com

ACT INFORMATION
www.act.org
www.kaplan.com
Thank you for coming this evening.

Planning for the future is important!

Contact your counselor with any questions.